

## Client/Coach Agreement

***Please print, sign, date, and bring this to your first appointment.***

Parent coaching is a professional relationship which provides support, education, and encouragement. It is my privilege to help you evaluate what is working within your family and assist you in discovering your strengths in order to develop new solutions for changes.

### ***My commitment to you:***

**I am committed to you.** This means that I will do everything I can to encourage you as you work toward your goals. My coaching style is straightforward, yet compassionate, non-judgmental, and nurturing. I will utilize prior experience and up to date research for the betterment of your family or teaching.

**I will listen to you.** Beyond hearing what you say, I will attempt to discern what you mean and how you feel about it. I will ask difficult questions to help you clarify, define, and understand your situation, and then reflect what I hear in your responses.

**I will NOT provide therapy,** as coaches are generally not licensed therapists. Rather, I will coach you through specific skill sets helping you work toward your goal. We will celebrate all of your successes!

**I will keep our discussions confidential.** Unless you make statements that cause me to think you may harm others or yourself, you can be sure that I will maintain confidentiality at all times.

**I will be available.** I will be prepared for our scheduled sessions. If you need to contact me between sessions, you may correspond by e-mail and I will reply as soon as possible, usually within 24 hours.

### ***Your commitment to me:***

**Keep the schedule.** Arriving (or Calling) at the appointed time is important to keep my schedule on track for all of my clients. Please give me 24-hour notice if you need to reschedule. Otherwise, a missed session is not made up and payment will not be reimbursed.

**Prepare in advance.** Since coaching focuses on your needs, please give some thought to what you'd like to focus on during each session. In many cases, we will have set goals during the previous session; please come prepared.

**Be honest in your communication.** Please be honest with me. I am on your side and have your best interest at heart. There is no need to tell me what you think that I want to hear. If I ask a difficult question, take as much time as you need to answer honestly.

**Agree to pay your fee at the time of service.** Payment in advance is customary. Visa and MC accepted. *Payment plans and sliding fee scales are available, but no refunds.*

I acknowledge that I have read, understand, and agree to honor each of the commitments stated above. I agree to actively participate in creating a successful partnership that supports my family and me in reaching my parenting goals. I am therefore committed to creating a coaching relationship with Erin Blain, ACPI Certified Parenting Coach.

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*Client Signature*

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*Coach Signature*

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*Date*

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*Date*

Please Print

\_\_\_\_\_  
*Name* *Date*

\_\_\_\_\_  
*Address*

\_\_\_\_\_  
Phone E-mail

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Names and ages of children

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

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*Office Use Only:*

Payment Type: \_\_\_\_ Credit Card \_\_\_\_ Cash

Amount Paid: \_\_\_\_\_ Date: \_\_\_\_\_

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