Learning Styles: How Does Your Child Learn?

A Learning Style describes how a person best takes in, understands, remembers, and expresses information. God created us to absorb information with our senses. Consequently nearly all learning takes place through our visual, auditory, and kinesthetic/ tactile channels. New information is most easily retained and retrieved when the process follows a certain sequence- when information is first received by our conscious minds, then sorted by our subconscious minds, and finally integrated by our unconscious minds. Our differences, then, are not only because we learn in different modalities, but also by what order we prefer to use them.

Discovering your child's learning style should be a top priority because:

• Learning takes fierce determination!!

Visual

- You must focus on your child's giftings rather than the deficits you observe.
- Properly handling weaknesses is essential so strengths are not blocked.
- Success will require someone coming along side your child, giving him assistance, tutoring, and encouragement. He is not meant to teach himself!
- Teaching children HOW to learn is as important as teaching them WHAT to learn.
- You are your child's most important cheerleader- what are you cheering?

Clues to Learning: Can you guess where you generally fit? What about your children?

Auditory

Kinesthetic

Talks to self Mind sometimes wanders Likes physical rewards Observes rather than talks In motion most of the time **Enjoys talking** Taps pencil or foot while studying Organized Trouble with written Likes to Read directions Enjoys doing activities Usually a good speller Likes to be read to Reading is not a priority Memorizes by seeing graphs etc. Sequence is important Usually a poor speller Not too distractible **Enjoys** music Will try new things Good handwriting Whispers to self while reading Outgoing by nature Plans in advance Remembers names Expresses emotions physically Quiet by nature Easily distracted by noise Uses hands while talking Dresses for comfort Neat, meticulous Enjoys listening activities

Learning styles significantly influence all communication in your family or classroom.

Are your children "hearing" you? Are you communicating in their style or *yours*? Do they respond with understanding or blank stares and bewildered looks?

Unlocking the mystery of your child's Learning Style could be a piece to your Parenting Puzzle!

To learn about parent coaching or for more training on this topic, contact Erin Blain at **erin@solvingparentingpuzzles.com**